Pathways for Women Food Donations

Non-perishable food (pop tops/pull tabs preferred)
**Banquet Brand Homestyle Bakes
**Hormel Complete Dinners
**Macaroni & Cheese
**Mashed Potatoes
**Gravy
**Pasta and Rice
**Peanut butter
**Canned Meats: tuna, chicken, salmon
**Spaghetti-O’s & Ravioli
Canned Beef Stew
Hearty Soups & Chili
Canned Tomatoes
Pasta Sauce
Tomato Sauce and Paste
Hot Cocoa, Tea, Instant Coffee
Cereal and Instant Oatmeal
Top Ramen
Salad Dressing

Baking Supplies
12oz to 1 lb bags of Flour & Sugar
Boxes of Baked Goods:
  Cakes, Muffins, Breads, Cookies, Pancake mix
Jello and Puddings

Fruit & Vegetables
Canned Fruit
Fruit roll-ups, Apple chips, Raisins
Canned Vegetables

Condiments
Ketchup, Mayonnaise & Mustard (12 oz or smaller)
Jam, Jelly and Honey (12 oz or smaller)
Maple Syrup
(Small Condiment packages also)

Snacks
Popcorn
Snack Bars
Crackers
Nuts

Babies
Formula

Spices
Salt & Pepper
Italian Seasoning, Garlic & Onion
Pwdr

Donation Hours: Mon, Tues, Thurs, Fri 10:00-4:00 p.m., Wed 1:00-4:00 p.m
Closed from 12:00-12:30pm for lunch

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Lynnwood, WA 98036
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