

YWCA FOCUS: HEALTH

To increase wellness and safety in our community, YWCA Seattle | King | Snohomish works to reduce racial and gender disparities and dismantle institutional and societal barriers that drive inequities in health care access, chronic disease, and life span.

- YWCA offers ten health programs, striving to make all services culturally competent and linguistically appropriate.
- YWCA's health programs served over 2,000 people in King and Snohomish Counties in 2018.
- Each program provides unique services to the needs of the community, including health education, mental health counseling, substance use disorder treatment, wellness coaching, peer support, care coordination, and insurance enrollment.

YWCA currently offers the following health programs and partnerships:

- **Domestic violence advocacy:** Children's Domestic Violence, Domestic Violence Services and Emergency Shelter
- **Health access and education:** BABES Network-YWCA, Health Care Access, Health Engagement, Healthy Birth Outcomes, ORCA Lift
- **Counseling locations:** Passage Point, Family Village Redmond, Seneca, Opportunity Place, South King County Regional Center, Family Village Lynnwood, Everett Regional Center