Family Village Issaquah newsletter

eliminating racism empowering women Seattle | King | Snohomish

September 2019

YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

. Vol. 9 No. 9



A LEADER BY EXAMPLE

We would like to give a "shout out" to Resident Velena for her commitment to the YWCA neighborhood community. Over the past 6 months, Velena has gone through 3 weeks of intensive training to serve as an Animator/Mentor of the Issaquah Highlands Junior Youth Spiritual Empowerment

Group. She studied shoulder to shoulder with other Eastside youth who are striving to serve their communities by acting as animators/mentors of junior youth groups.

When asking those co-animating with or supporting Velena how they would best describe her, this is what they said, "Velena is an incredible young woman who is distinguished by her strength and care for others. Her radiance and kindness bring joy to those whom she meets. She seeks to serve others wherever she goes, ranging from carrying other's bags to mentoring the junior youth in her community. She possesses an acute

sense of justice and is always ready to work for the greater good. Serving with Velena has been a blessing and I cherish our friendship greatly. Velena has had a great impact on my life and the lives of those in her community. I do not know what I would do without her."

Also shared was, "Velena is a thoughtful person who is able to recognize the needs of her community. She notices when her friends have questions and supports them as they seek advice to navigate their challenges. Taking on a new role of co -animator shows a lovely generosity of spirit!" "Velena has a keen eye for injustice, but remains positive and patient in her recognition therof. Rather than becoming discouraged by difficulty, she chooses to take action to improve her community. She is very open to learning new things. We are so lucky to serve with her!"

"In a nutshell, Velena is a leader by example. She is a unifier. Her gentle spirit, but firm conviction reveals her commitment to community."

If you see Velena out and about, let her know you are grateful for the positive energy she is infusing into our neighborhood!

If you have a junior youth between the ages of 11-14 y/o and they would like to be a participant in the Issaquah Highlands Junior Youth Spiritual Empowerment Program, tell them to let Velena know. If you would like to know more about the vision of the JYSEP and its goal of empowering youth, make contact with Velena and she and her co-animators would love to pay you a home visit.

PROPERTY REMINDERS

With the children going back to school and the change of seasons, there are a few property reminders we wanted to bring to the everyone's awareness. Please continue having conversations within the household about up keeping the property.

- The playground is open from dawn to dusk. Parent and/or guardian supervision is advised. Bikes are not to be left loosely on the ground as this creates a hazard for others.
- Pet waste bags are provided by the YWCA. Please utilize them when walking your animals. Be respectful and considerate of your neighbors and staff by picking up the waste! Utilize proper disposal techniques (i.e. Garbage, Recycle, and Yard Waste)
- There are numerous reports coming in about urine in the E building elevator. Other residents and our staff have had to continuously clean it up. This is unsanitary and must stop immediately! Everyone uses the same elevator and there are those who cannot use the stairs.

Let's all work together and help to ensure a clean and healthy community!

Junior Youth in the Spiritual Empowerment Program (JYSEP) recently educated themselves on trash and recycling standards, and they want to share their knowledge with the community. They pressure washed and cleaned four waste bins, and attached educational posters on the bins to promote proper sorting of trash and recycling.





Thank you to University House—a senior living community, who sponsored a School Backpack supplies drive for YWCA Family Village Issaquah, on Wednesday, August 28th. Residents were able to enjoy some sweets, play games, obtain school supplies, and interact with our partner residential community. If you are in need of extra school supplies, please check in at the front desk as we may have extra supplies. You may also put in an Eastside Baby Corner order by contacting Victoria Thai at vthai@ywcaworks.org



Your Family Village Staff Front Desk #: 425-270-6800 fviinfo@ywcaworks.org

 After-Hour Emergency #:
 206-461-4888

 Monday—Friday
 10:00am—4:00pm

Housing & Services

Trina	. Housing Services Manager
Lisa	Assistant Manager
Victoria	Program Coordinator
Michelle	Program Assistant

Children Services

Eric..... Youth & Children Director

Facilities

Tony	Maintenance
Jesus	Custodian





MEET ME: LET'S WALK!



Grab your good walking shoes and join Resident Pam every Saturday at 9:30am to grab a coffee and enjoy the fresh air! For more information contact Pam at plm206@gmail.com

"Your speed doesn't matter, forward is forward" All abilities, children, and pets are welcome!