Family Village Issaquah

newsletter

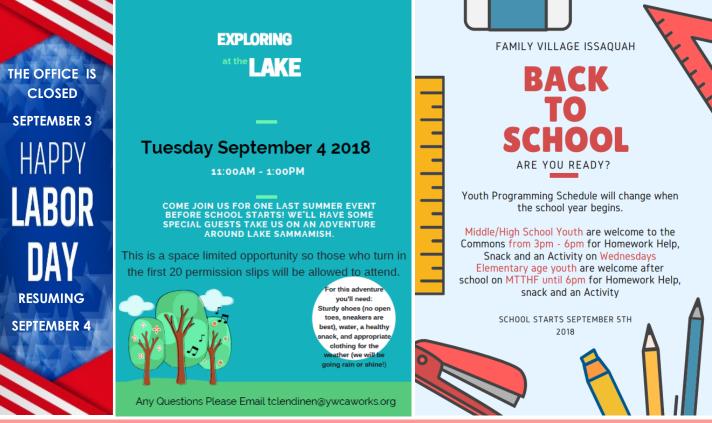
eliminating racism empowering women Seattle | King | Snohomish



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YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.







Congratulations to resident Kalena for obtaining her first job at the University House Issaquah Assisted/Retirement Home at the age of 14! Her future goals include going to school at the University of Washington to get into the psychiatric field. Kalena has lived at FVI with her mother for almost three years. They moved here from Snoqualmie, but are originally from Hawaii. They came to Issaquah to be closer to her mother's job and heard that the Issaquah School District was excellent. Her mother Michelle, learned about FVI through a friend hers and feel very fortunate to be able to move here as "single mothers need all the help and resources they can get!"

During her free time, she enjoys swimming, listening to music, hanging out with her friends, and going to the mall. She also enjoys her job and loves working with the residents there!

Kalena says, "I love living so close to my best friend Paris. I also love the proximity to all the shops and places that I love. Especially Starbucks!". She hopes to see faith and confidence in other youth residents at FVI. She believes that by acquiring those two things, it can set one far in life whether it's being successful or simply having self love and appreciation. "FVI has been a blessing to both of us!" ~ Kalena & Michelle

"How beautiful a day can be when kindness touches it" George Elliston



Adversities are setbacks, a part of life and can come on very suddenly. We make mistakes and hopefully learn from them. It is possible to overcome them although it isn't always easy, you may need help and support along the way. If you are in need of assistance, reach out to the staff, no matter how big or small it is. We are here to help! Great success stories are built on bricks of adversity. How will you respond when you face your next great challenge?

"Success can mean: feeling that tingle of excitement about what you do, sticking with what matters through hard times, living a life you can feel proud of in retrospect".

"A **random act of kindness** is a selfless act performed by a person or a group wishing to either assist or to cheer up... and is to be kind, thoughtful, use your manners, give out compliments, volunteer, and/or forgive someone".

Adversity, success, and *kindness.* When we extend our time and efforts to others in acts of kindness, that kindness becomes a source of energy, of strength. There are so many examples of people who turn their stress into a success and their losses into gains by contributing to the lives of others. It is also important to recognize resident efforts in doing so! Recognition helps to encourage positive, productive, and an efficient environment.

It is our hope that the community will be generous, kind and supportive of those whether that face adversity in the life and/or success stories — the birth or rebirth of residency at FVI! If you or your neighbor has a story to share, we would love to hear about it! Please email fviinfo@ywcaworks.org, visit the front office, or call 425.270.6816.



ARE YOU READY?

Level Up

COME OUT TO JOIN STAFF, NEIGHBORS, & EDUCATION & EMPLOYMENT VENDORS FOR

DINNER & FUN ACTIVITIES!

5PM-7PM September 20

VILLAGE COMMONS

Your Family Village Staff Front Desk #: 425-270-6800 fviinfo@ywcaworks.org

After-Hour Emergency	#: 206-461-4888
Monday—Friday	10:00am—4:00pm
Wednesday	By Appointment Only

Housing & Services

Trina	. Housing Services Manager
Lisa	Assistant Manager
Victoria	Program Coordinator
Michelle	Program Assistant

Children Services

Eric	Youth & Children Director
Tahnayee	Children & Youth Services

Facilities

Dan	Maintenance Supervisor
Tony	Maintenance
Mary	Custodian

Back to School