Family Village Issaquah **newsletter**

eliminating racism empowering women Seattle | King | Snohomish ywca

October 2019 Vol. 10 No. 10

YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.



When I went through my situation there was really nothing anyone could say to me. I went through weekly therapy, weekly DV classes and restraining orders. Nothing worked. I'd find myself back into the same dangerous situations over and over again. Until one day after years of lying to myself, I stopped. I found the strength to get out of the cycle once and for all. It was just in the nick of time. My abuser got out from serving his 4 year sentence and he did attempt to contact me. I didn't fall for it this time, I worked too hard to go back to that life. He moved on to his next victim. I found out this spring that he was charged with attempted murder.

That could of been me and or my children.

EASTSIDE LEGAL ASSISTANCE PROGRAM

ACCESS . EMPOWERMENT . HOPE

The Eastside Legal Assistance Program (ELAP) provides high-quality, no-cost civil legal aid to low-income residents of East King County, Washington. We also provide legal aid to survivors of domestic violence throughout all of King County. Attorneys have access to a phone interpretation service in our clinics so we can accommodate a variety of language needs.

We do not have the capacity to handle walk-ins, so please ask people to call our office (425-747-7274) to schedule an appointment. Clinics fill up fast so call ASAP.





New Adventures for Victoria Thai:

As some of you may know by now, I'm no longer working as your Community Services Program Coordinator. I have accepted an internal position within the YWCA as the Facilities Operations Manager for our Eastside properties.

It has been a pleasure working with the families here, and it makes me so happy to see many of you grow and continue to work hard and achieve your goals! I will miss the relationships we have built together over the years!

We will miss you as well Victoria ... FVI Staff

Breast cancer doesn't discriminate—Although breast cancer is more prevalent among American white women, African-American women tend to die from the disease more often.

OCTOBER

Men get it too - Overall, only one percent of American males are diagnosed with breast cancer, but African-American men just like women in their community, are more prone to die from the disease.



Breast Cancer Awareness Month reminds women (and men) that monthly breast cancer exams should be a regular part of one's self care.

Our Family Village Staff Front Desk #: 425-270-6800 fviinfo@ywcaworks.org

After-Hour Emergency #: 206-461-4888

Monday—Friday 10:00am—4:00pm

Housing & Services

Children Services

Facilities





Signs will be available for your door

