

# Family Village Issaquah newsletter

eliminating racism  
empowering women  
Seattle | King | Snohomish

ywca

YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

March 2021  
Vol. 21 No. 3



YWCA HISTORY 1913 Headquarters on 5th & Seneca

don't hold it  
in[si]de.

If you or anyone you know needs help, we are here.



March 1st  
SELF INJURY  
AWARENESS  
DAY

judge less, understand more.  
don't be ashamed of your scars (if you have any), they are signs of strength, you survived!  
speak up, wear something orange today, draw a butterfly or a heart on your wrist. help us to raise awareness :)

For immediate help in times of emotional crisis for you, your family, or friends in need, call the 24-Hour Crisis Line: 866-4CRISIS or 866-427-4747.

<https://www.psychologytoday.com/us/treatment-rehab/self-harming/wa/seattle>

**Brief History of the YWCA-** In 1894, a group of 28 women founded the Seattle YWCA to help "the working girl" toward self-support. Initially, they opened a lounge and a cafeteria offering 10 cent lunches for working women. With help from the Union Pacific Railroad Company, they hired a depot matron who, according to the association's 1901-1902 *Winter Prospectus*, met trains and steamers "to guard and guide young women traveling alone." Membership was open to any moral girl or woman without regard to race or religion. Today the Seattle-King County-Snohomish County YWCA, headquartered at 5th Avenue and Seneca Street in downtown Seattle, focuses on youth and childcare programs and on issues like homelessness and domestic violence.

**The YWCA Today** -Today, the YWCA of Seattle-King County-Snohomish County is a major social service institution with facilities throughout the Greater Seattle region. The association focuses on youth work and child care, and on issues like homelessness and domestic violence. In 1971, the YWCA initiated daytime, after-school, and summer childcare and youth programs to assist working mothers. A decade later it pioneered infant and toddler daycare programs at the downtown headquarters, where working parents could stop by during their lunch break. Recent programs assist at-risk youth as well as homeless families. Angeline's Day Care Center for Homeless Women in downtown Seattle, and Family Village in Redmond provide shelter, counseling, medical services, and a safe haven for homeless women.

**In 2004 the YWCA's stated mission is:** "To advance the quality of life for women of all ages, races, and faiths, and their families. In support of this mission, the YWCA provides services to meet critical needs, promote self-sufficiency, reduce violence, and achieve equal opportunities for all people"



# WOMEN'S MONTH 2021

## Trailblazers: Women Making History

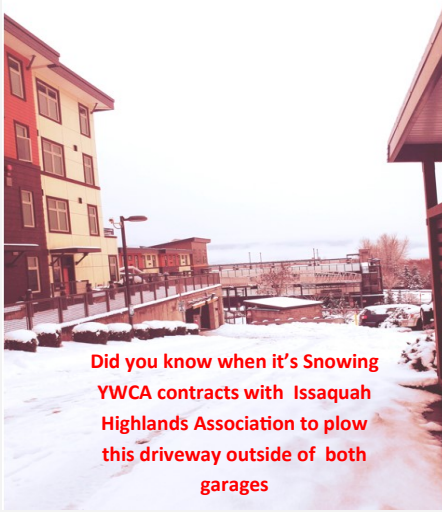
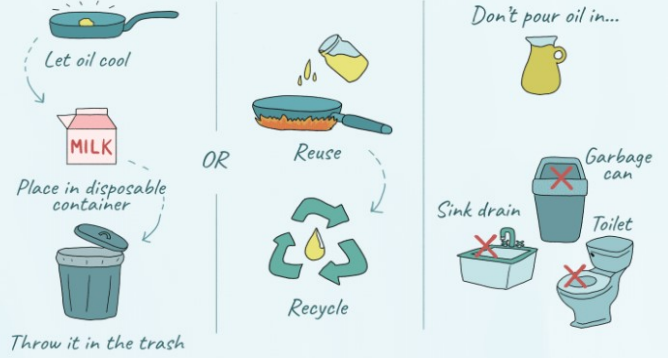
# Property Happenings



## Drains backing Up

50 feet of grease was pulled from the drain

Properly dispose grease—let it cool, bag it or jar it then double bag in trash



## WHAT CAN I DO TO PROTECT MY CAR'S CATALYTIC CONVERTER?

Consider these tips from The Spruce to help protect your car from catalytic converter theft:

- When possible, park in well-lit areas and close to building entrances.
- If you have a garage at your house, park your car inside and keep the garage door shut.
- Have the catalytic converter welded to your car's frame, which may make it harder to steal.
- Consider engraving your vehicle identification number (VIN) on the catalytic converter — this may help alert a scrap dealer that it was stolen and make it easier to identify the owner.
- Calibrate your car's alarm to set off when it detects vibration.

Understanding when your car might be a target for catalytic converter theft is the first key to preventing it. By following these protective measures, you may help deter thieves from targeting your car.

**Our Family Village Staff**  
 Front Desk #: 425-270-6800  
[fviinfo@ywcaworks.org](mailto:fviinfo@ywcaworks.org)

**After-Hour Emergency #: 206-337-4394**  
 Monday—Friday 10:00am—4:00pm

### Housing & Services

Trina..... Housing Services Manager  
 Michelle..... Program Assistant

### Facilities

Victoria Thai...Facilities Operations Manager  
 Ryan Gill .....Lead General Maintenance

**Eliminating racism is important because:**

Communities deserve an opportunity to thrive vs survive

#StandAgainstRacism



**Housing & Services Office is Moving Soon**

The Main office will be relocating back to the Village Commons upper Community Hall.

Stay tuned for more details!!