

# newsletter

August 2018

Vol. 8 No. 8

*YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.*

## PLEASE JOIN US IN WELCOMING TAHNAYEE CLENDINEN, YOUR NEW CHILDREN’S ADVOCATE!



Tahnayee is from Honolulu, Hawaii and has previously worked at a domestic violence shelter as a Children’s Advocate in Seattle. She graduated from the University of Washington in Law & Policy/Criminal Justice. During her free time, she hikes, is a movie aficionado, avid shopper, and a gamer! Tahnayee hopes to be a positive influence in the lives of all those she works with! Her office is located in the building where the front desk is located. Please feel free to come by and introduce yourself and play some Rock, Paper, Scissors with her! You may also contact her at [tlendinen@ywcaworks.org](mailto:tlendinen@ywcaworks.org) or at (425) 270– 6802.



## summer SPOTLIGHT



Congratulations to Resident Wesley, a single father raising his five year old daughter, for graduating at Renton Technical College with an Associates in Applied Science and Associates in Automotive. Wesley was able to turn his hobby of cars into a career. He recently got a promotion at Bowen Scarff Ford in

Kent. Wesley moved to FVI in October 2017 from YWCA’s very own transitional housing in Maple Valley where he was able to utilize their services to gain self sufficient life skills and to gain a stable environment to reunify with his daughter. He says, “I love having my own place, it has been a blessing. I’ve been blessed with the opportunity to be a part of an inclusive community who works to dismantle systems of oppression with courage, compassion, and commitment. My favorite part about living here at FVI is the people who live here,. They are very nice”. Wesley hopes to see success and happiness for all the residents at FVI and hopes that people will use FVI as a stepping stone in their life.



## neighbors helping neighbors

Resident Carolyn received some devastating news regarding the passing of her sister. In a time of great need and emotional support, fellow neighbors David and Mariana came together to help Carolyn while she was away. David cared for her dog Justice, a retired police dog, and Mariana helped to do house welfare checks.

It’s great to have neighbors looking out for each other. It’s all part of being in a community!

We encourage you to get to you know your neighbors to provide that extra level of security and support.

Sign up for FVI’s NextDoor— a free private social network for your neighborhood community.



Eastside Easy Rider  
**COLLABORATIVE**

**Coffee Talk at the Issaquah Senior Center:  
Getting Around Issaquah**



Let's talk about different ways to get around safely without using a car! Join the Eastside Easy Rider Collaborative to learn step-by-step, new and fun ways to travel around town! Light refreshments will be provided.

**WHEN**  
Tuesday, August 14th, 2018; 1pm-2pm

**WHERE**  
Issaquah Senior Center  
(75 NE Creek, Issaquah, WA 98027)

**WHO**  
Anyone who wonders how they can get around Issaquah (and beyond) without a car!

**CONTACT**  
E-Mail: [ALoffing@hope-link.org](mailto:ALoffing@hope-link.org)  
Phone: 425-943-6771

**ACCESSIBILITY ACCOMMODATIONS**  
We encourage everyone to participate, regardless of ability. For accommodations or accessibility information, please contact [ALoffing@hope-link.org](mailto:ALoffing@hope-link.org) at least one week in advance.

As the regional mobility coalition in East King County, the Eastside Easy Rider Collaborative (EERC) works to improve regional mobility awareness and access for special needs populations in East King County through education, advocacy, coordination, and collaboration. Learn more about us at [www.eastsideeasyrider.org](http://www.eastsideeasyrider.org).



**FROM YOUR RESIDENT COUNCIL**

**TIPS FOR SUNBURN RELIEF**

1. Soak in a lukewarm bath with baking soda or vinegar. Adding half to a full cup of vinegar or baking soda can help with inflammation.
2. Moisturize with Aloe Vera. Aloe Vera can be soothing to a sunburn.
3. Drink Lots of water. Even eating juicy fruit can help your body re hydrate and recover
4. Stay in the shade. Let your skin heal. Wear sunscreen with SPF 30 or higher if you need to be out in the sun.



**Your Family Village Staff**  
Front Desk #: 425-270-6800  
[fviinfo@ywcaworks.org](mailto:fviinfo@ywcaworks.org)

**After-Hour Emergency #: 206-461-4888**

Monday—Friday 10:00am—4:00pm  
Wednesday By Appointment Only

**Housing & Services**

Trina..... Housing Services Manager  
Lisa.....Assistant Manager  
Victoria.....Program Coordinator  
Michelle..... Program Assistant

**Children Services**

Eric..... Youth & Children Director  
Tahnayee..... Children & Youth Services

**Facilities**

Dan..... Maintenance Supervisor  
Tony.....Maintenance  
Mary..... Custodian



**TRINA'S THOUGHTS**

**EMPOWERMENT FEST**  
08/09/18 5:00-7:00pm

Experience Community Building  
&

Join the Village

**RESOURCE TABLES  
GAMES & GIVEAWAYS  
FOOD PLUS FAMILY FUN**

**YWCA  
IS ON A  
MISSION**

YWCA Family Village Issaquah  
930 NE High St. Issaquah, WA 98029

