

Family Village Issaquah newsletter

eliminating racism
empowering women
Seattle | King | Snohomish

ywca

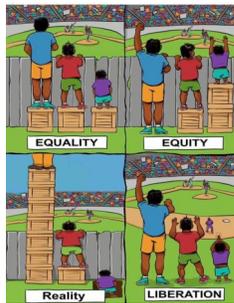
April 2019

Vol. 4 No. 9

YWCA Seattle | King | Snohomish is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

Stand Against Racism is a signature campaign of YWCA USA to build community among those who work for racial justice and to raise awareness about the negative impact of institutional and structural racism in our communities. This campaign is one part of YWCA's larger national strategy to fulfill our mission of eliminating racism.

Racism is built into our nation's institutions, policies, and practices, but it doesn't have to be. We each must play a part in the critical work to dismantle racist institutions, fight for racial justice, and create lasting change.



"Studies indicate that people of color experience high rates of bias and racism in health care, as well as other areas. Compounded by the fact that people of color often lack access to accurate diagnoses and high-quality treatment, living with the daily stress of racism can negatively impact mental and physical well-being"
(<https://www.ywcaworks.org/blogs/ywca/wed-05022018-1445/stand-against-racism-wrap>)

We ask that you "acknowledge our sameness and differences, engage in the healing process, think about how your privilege informs how you move through the world and don't underestimate the truth and power that you have to make a change". Join us to Stand Against Racism sign the pledge Wed 04/24/19



**YWCA Seattle | King | Snohomish
Lease/Rental Agreement
Resident Obligations**

d) Not engage in any activity that is or deemed to constitute harassment of any other resident or member of the management staff, including but not limited to verbal harassment, yelling, calling persons names or using derogatory language and/or racial or discriminatory slurs or language, and defaming or spreading false rumors about other residents, management and staff and the ownership and management company.

STAND AGAINST RACISM PLEDGE

Mindful of the continuing affliction of institutional and structural racism as well as the daily realities of all forms of bias, prejudice, and bigotry in my own life, my family, my circle of friends, my co-workers, and the society in which I live, with conviction and hope:

I take this pledge, fully aware that the struggle to eliminate racism will not end with a mere pledge but calls for an ongoing transformation within myself and the institutions and structures of our society.

I pledge to look deeply and continuously in my heart and in my mind to identify all signs and vestiges of racism; to rebuke the use of racist language and behavior towards others; to root out such racism in my daily life and in my encounters with persons I know and with strangers I do not know; and to expand my consciousness to be more aware and sensitive to my use of overt and subtle expressions of racism and racial stereotypes;

I pledge to educate myself on racial justice issues and share what I learn in my own communities even if it means challenging my family, my partner, my children, my friends, my co-workers, and those I encounter on a daily basis;

I pledge, within my means, to actively work to support public policy solutions that prominently, openly, and enthusiastically promote racial equity in all aspects of human affairs; and to actively support and devote my time to YWCA, as well as other organizations working to eradicate racism from our society.

YWCA USA is on a mission to eliminate racism and empower women. I join YWCA in taking a stand against racism today and every day.

"Race-based trauma is a consequence of emotional pain that a person feels after encountering racism" ~ Dr. Sharon Knight



University House— A senior living retirement community has been a long time supporter for YWCA FVI. They have helped knit warm weather accessories for our residents as well as participating in the youth birthday bag program. University House is now inviting our youth and parents for a field trip for a Spring Easter Egg Hunt on April 11th. Transportation via bus will be provided. Please plan on meeting us at the front desk at 2:30pm that day.



Some residents in our community had a need for nutritious meals to support themselves and their family. “**Business and Professional Women’s Foundation**” hosted a drive to gather non-perishable food items and were able to provide a couple weeks of meals to our families. BPW focuses on creating successful workplaces by recognizing the needs of working women, communities, and businesses.

Sponsored by:
UNIVERSITY HOUSE
(22975 SE Back Nugget Rd Issaquah WA 98029)

APRIL 11

SPRING EGG HUNT

JOIN YWCA STAFF FOR A FIELD TRIP TO UNIVERSITY HOUSE FOR AN EGG HUNT!

TRANSPORTATION INCLUDED ● 3:00PM-4:30PM

Your Family Village Staff
Front Desk #: 425-270-6800
fviinfo@ywcaworks.org

After-Hour Emergency #: 206-461-4888
Monday—Friday 10:00am—4:00pm

Housing & Services

Trina..... Housing Services Manager
Lisa.....Assistant Manager
Victoria.....Program Coordinator
Michelle..... Program Assistant

Children Services

Eric..... Youth & Children Director

Facilities

Dan..... Maintenance Supervisor
Tony.....Maintenance
Jesus.....Custodian

YWCA IS ON A MISSION

STAND AGAINST RACISM

