

SUPPORT GROUPS

Gender Based Violence Specialized Services

All groups are held via zoom. Call the number listed below the group for more details.

Sister Circle Empowerment Group

African American Group
held Monday's 4-6PM
(206) 743-7064

Women helping to Empower Women (WHEW)

Group meets every other
Wednesday from 12-1PM
(206) 683-8277

Healthy Healing

Group meets every
Wednesday from
10AM-12PM (206) 799-6209

Crowned with Confidence

Group meets every
other Thursday from
11AM-12PM
(206) 823-7947

**A safe place to tell your story, build sisterly
bonds, gain new knowledge and support while
on your journey of rediscovery and healing.**

www.ywcaworks.org

(877) 757 - 8297

eliminating racism
empowering women

ywca

Seattle | King | Snohomish

**YWCA
IS ON A
MISSION**

